



4.4.3. Freedom of movement

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Since the Taliban takeover women have been instructed not to travel more than 72 km without an accompanying male relative (*mahram*),[1263](#) and since March 2022, unaccompanied women have been barred from boarding domestic or international flights.[1264](#) Women and girls have moreover been restricted from accessing public spaces such as public bathhouses, gyms and parks,[1265](#) and in some areas, there have been further restrictions on unaccompanied women accessing to certain religious sites such as shrines[1266](#) and restaurants.[1267](#) Drivers of commercial vehicles have been instructed not to pick up female passengers without a *hijab* covering their hair (26 December 2021),[1268](#) and the 'Morality law' further specifies that women offered transport are not to be uncovered, unaccompanied or 'sit or mingle with an unrelated man' (31 July 2024).[1269](#)

The restriction on solo travelling of women has sometimes been enforced for shorter distances than 72 km,[1270](#) reportedly even for short trips[1271](#) or leaving the house.[1272](#) In 2023, journalist Ali Latifi stated that the restriction was implemented inconsistently, being ignored by 'thousands of women' still going out on a daily basis'.[1273](#) Yet, since the 'Morality law' the implementation and the enforcement of the *mahram* requirement intensified.[1274](#) In several instances, it was more stringently enforced than stipulated in the current laws.[1275](#) Women are increasingly self-regulating[1276](#) and some 'limit their outings to essential needs or avoid going out altogether'[1277](#) or 'rarely leave the house, or only with a man'.[1278](#)

Even though the de facto MPVPV has stated that the *mahram* regulation is not absolute and does not apply for families without male relatives,[1279](#) it has been described as a source of distress for women without a *mahram* in their family.[1280](#) Women without access to a *mahram* were described as having a particularly precarious situation, as the restrictions made it more difficult for them to access services and humanitarian assistance.[1281](#) It is not possible to say from what age a boy can be considered as a woman's *mahram*.[1282](#) Some situations allow young boys to accompany a woman,[1283](#) and the enforcement of the *mahram* requirement is reportedly sometimes circumstantial, with women being allowed to accompany each other for shorter trips in some more conservative provinces,[1284](#) and women traveling in groups of other women.[1285](#)

The implementation of the *mahram* requirement has differed across the country.[1286](#) In October 2024, Ruttig noted that in the south, 'much more pressure' existed, whereas the de facto authorities were more flexible in Kabul. Two other persons interviewed by ACCORD in August and November 2024 also described the *mahram* regulation in Kabul as more lenient, for

example in the sense that a woman could go out and purchase something without a *mahram*. A person interviewed by ACCORD in October 2024 described that in Badakhshan, women went to the market by themselves, whereas in Nangarhar, it was more conservative, and women were ‘always under the watch’.[1287](#) The AAN also reported on restrictions on women’s movement being more noticeable in some areas;[1288](#) some Afghans in the provinces of Jawzjan, Baghlan and Ghazni told the AAN that having a *mahram* was being strictly enforced, even for short distances, making it impossible for women to go outdoors alone.[1289](#) The UN Special Rapporteur on Human Rights in Afghanistan noted that, within weeks of the ‘Morality law’s’ announcement, women across Afghanistan reported facing tightened restrictions on their movement, including being stopped, interrogated, and harassed at checkpoints, regardless of the distance they travelled. Even when accompanied by a *mahram*, women reported scrutiny to ensure that their *mahram* was an immediate family member. In some areas enforcers have been using loudspeakers to humiliate unaccompanied women.[1290](#) The de facto authorities have reportedly been focusing on the enforcement of the ban on using transport without a *mahram* in particular.[1291](#)

Sources reported on consequences for travelling without a *mahram* including arrests,[1292](#) sometimes with ‘rigorous inspections’,[1293](#) harassment and beatings.[1294](#) According to Rawadari, women had also been arrested for leaving the house without a *mahram*.[1295](#)

There have been cases in which unaccompanied women were barred from leaving the country [1296](#) and in some cases even despite having a *mahram*, for example when trying to go abroad to study.[1297](#) Reportedly, in some cases it is still possible to leave the country via the airport without a *mahram* after individual negotiations with the airport staff.[1298](#)

The *mahram* requirement creates barriers for women and girls to access public services, work and conduct other activities outside their homes.[1299](#) Women have also been barred from entering de facto government offices without a *mahram*.[1300](#) According to the Office of the United Nations High Commissioner for Human Rights (UN OHCHR), in some provinces, also women with a *mahram* were denied access to de facto government premises.[1301](#) In general, women cannot appear in court without a *mahram*.[1302](#) As reported by UNAMA, the de facto MPVPV have instructed health clinics, shops, markets, government offices and taxi drivers to deny services to unaccompanied women.[1303](#) Unaccompanied women have moreover been denied access to markets in some provinces,[1304](#) including in Uruzgan, Farah and Kandahar, as reported by UNAMA.[1305](#) Moreover, sources reported that women in some provinces have to be accompanied by a *mahram* to access healthcare facilities, and that female healthcare workers had to be accompanied by a *mahram* to go to work.[1306](#) The *mahram* requirement has also made the effective delivery of humanitarian assistance to women more difficult.[1307](#)

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